

YOUR VIVACIOUS VOICE!

# BREAK THE RULES

Let your voice go **crazy**...

**GROWL** **SNORT** **SQUEAK** **YELL** **CRY OUT**  
**RANT** **GROAN** **LAUGH** **CHORTLE**  
**SOB** **YAWN** **SIGH** **GRUNT**  
**CHUCKLE** **GASP** **PUCKER** **SNORE**  
**WHINE** **SQUEAL** **YELP**

And what happens to your **breath**, **tongue** and **face** if you...

Make a **sad sad** **Oooooooooo!**

Make an **angry** **HEY!**

Make an **fearful** **WHAT? WHAAAT?**

Make a **joyful** **YEAH! YEAH! YEAH!**