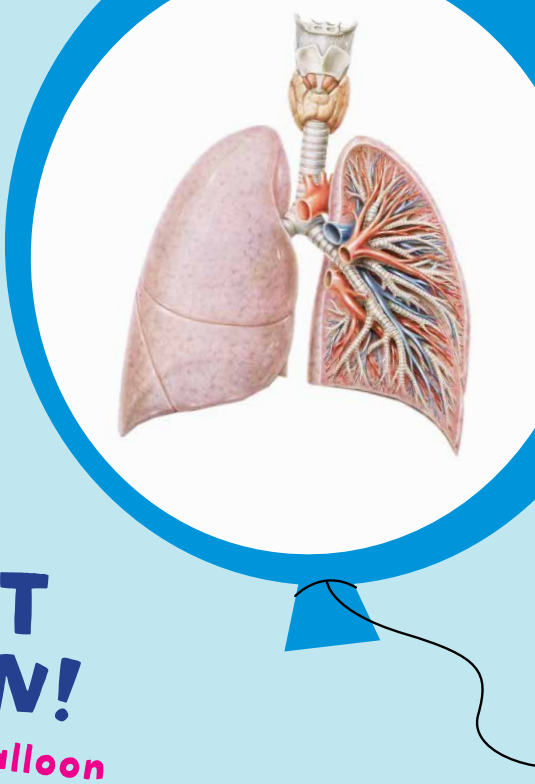
YOUR VIVACIOUS VOICE!

BALLOON BODY



Take a breath and…

HOLD IT IN

BLOW IT OUT

DO IT AGAIN!
Blow up the balloon you have inside.

Take a breath…

THIS TIME SPEAK. MAKE THE HIGHEST SQUEAKY SOUND!

Take a breath…

Release your balloon! B-B-B-B-B-BLUBBER your lips!
Let them go! Fly your balloon around the room!

Photo: Ant. view of larynx, thyroid, trachea, lungs with bronchial tree.
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BALLOON FRICTION

Blow up your body's lung balloon.

Go **"Shhhhhhhhhhhhh"** until the air is gone.

Blow it up again.

Go **"FFFFFFFFFFFFFFFFFF"** until the air is gone.

And again, go **"ZZZZZZZZZZZZZZZZZZZ"** until the air is gone.

SH… F… Z… V… SSSSssssssss and sounds in between!

Air is squeezing past your lungs, your lips, your teeth…

Hiss it out around the room! Send it to the walls! The windows! The floor! The sky!

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